



BACKPACK BUDDIES

Thank you for helping us collect fully stocked grocery bags! Bags should include 2 of each food type: Breakfast, Lunch, Dinner, Vegetables, Fruits, Snacks, Drinks. Please bring items in a grocery bag (please double-bag).

Please ensure items are not expired.

Breakfast Examples

- Small boxes of cereal
- Pop tarts
- Granola/Fruit Bars

Lunch Examples

- Ramen noodles
- Mac N Cheese cups
- Instant mashed potatoes

Dinner Examples

- Ravioli
- Beef stew
- Soup with meat
- Canned chicken
- Canned Tuna

Vegetable Examples

- Canned vegetables
- Vegetable cups

Fruit Examples

- Fruit cups
- Applesauce
- Canned fruit

Snack Examples

- Peanut Butter
- Trail mix
- Fruit snacks
- Pudding cups
- Cheese crackers

Drink Examples

- Juice Boxes
- Bottled water