

# Premarital Sex

Sex outside of marriage is one of those issues the Bible speaks to quite clearly as something that is not in God's plan. Why is it such a big deal? There are many reasons for the biblical concept of saving sex for marriage.

There is far more involved in sexual relations than simply the physical act. When people participate in sexual activity, they form an emotional and spiritual bond. This bond, intended as part of building a lifetime relationship with another person, can create a number of long-term problems when it is approached outside of that context. Those who are sexually active outside of this commitment often end up with deep emotional wounds, or begin to desensitize themselves to the metaphysical connection created through sex, finding it difficult to ever find satisfaction in a relationship. Hebrews 13:4 says the marriage bed, specifically sexual activity, is to be honored, not defiled. It even says God will judge those who rebel against this truth.

In fact, in the Old Testament, God literally judged those who participated in sex outside of marriage and commanded that they be stoned to death. The concept was not only to uphold God's law, but also to protect the family as something He had ordained as key to protecting His chosen people. God knew how destructive the practice was to His people, and He wanted them to take it very seriously.

Almost anyone who has lived a life of sexual immorality will tell you that such actions create issues later in marriage. It is doubtful you will ever encounter a person who says how glad they were that they did not wait to have sex until marriage.

The Bible is equally clear, though, that this is a sin for which God will pour out forgiveness and grace. He offers healing and restoration to those who turn to Him with a broken and repentant heart. If you have never experienced His forgiveness, your next step is to ask Jesus into your heart today. He will not only forgive, but He will bring healing to your sexual brokenness. If you are a Christ follower who has rebelled against Him and made poor decisions in the area of sex outside of marriage, today is the day to repent and return to Him. Jesus is not looking for your promises to do better, He is looking for you to give Him your heart and let Him guide you in His ways every minute of your life so that you might experience the true freedom and forgiveness and satisfaction only He can offer.